

DATA SHEET

SIDE FLEXOR

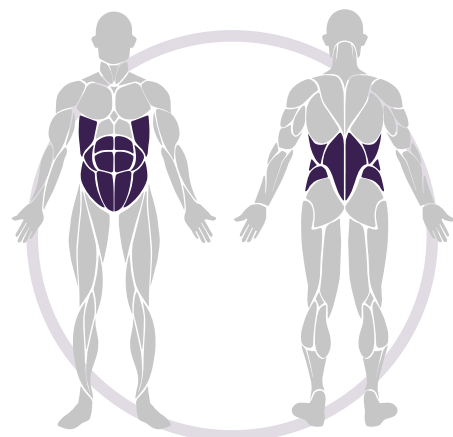


The Waist Away is a superb exercise for the oblique muscles. Creating a narrow waistline plus firming and flattening of the abdominal wall.

The internal and external obliques are diagonal muscles which lie underneath the Rectus Abdominus. These muscles are responsible for twisting actions. The erector spinae muscles are also involved so strengthening the lower back. This unique exercise combination will provide fast results creating a slim waist and firm flat abdominals.

Features include:

- Dual function of both upper & lower extremity
- Power assisted (plug and play installation)
- Standard 4.3" touch screen console unit with manual
- and programme options
- Available in a wide range of colours



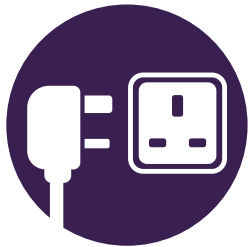
Targeted areas:

Waist, Obliques, Abdominal, Rectus Abdominus, Lower Back.

Technical Specifications



4.3" touch screen console
offering both manual and
programme options



Power assisted
(plug and play installation)



Dimensions:

W150cm x D192cm x H70cm



Electrical Specification:

Voltage: 220V/240V (110V-USA)

Amps: 3 Amps per table

Plug Cable Length: 1.5 metre



Upholstery:

Side Panels: High impact resistant
ABS plastic



Covers:

Flame retardant vinyl and
resistant to bacteria and
moisture EN 1021-&2

innerva
together in motion

3 Queens Square Business Park,
Huddersfield Road,
Holmfirth, HD9 6QZ

✉ email
info@innerva.com

☎ telephone
01484 667474

🖱 website
www.innerva.com